






November 2009

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2 Kelly Warren & His Guitar 11:30 Advisory Council Jam Production 3:00	3 Brunch & Learn 10 am Vote Today! 	4 Birthday Party Foot Clinic by appt. Night Ceramics 5 pm	5 Presentation by Love Health Care 12:30 BEGSSS Board 1:15	6 Becky Kimball—Easy Listening Picture Calendar Project 12:30-1:30 pm
9 Advisory Council 9:15 Kelly Warren & His Guitar 11:30	10 Foot Clinic by appt.	11 CLOSED FOR VETERANS DAY	12 Chiropractic by Appointment Myers Day Caregiver's Comfort Club 6:00 p.m. Symphony 6:30	13 Safe Driving Class 8:30-12:30
16 Kelly Warren & Karaoke 11:30 Gillies Day Happy Feet Foot Clinic	17 National Memory Screening day 10:00 by appt. USU Nutrition Presentation 12:30	18 Jerry Jensen & his Honky Tonk piano 11:30 Logan Shopping Trip Volunteer Training 5:00 p Night Ceramics 5 pm	19 Helping Grandpar- ents—Putting Your Holiday Finances in Perspective 11:00 Sassy Lassies 1:15	20 Center Thanksgiving Dinner Trevor White Contem- porary Music
23 Wendover 7:30 a Advisory Council Mtg. 9:15 a Kelly Warren & His Guitar 11:30 Advisory Council Jam Production 3:00	24	25 Ceramic Shopping Trip Night Ceramics 5 pm	26 	27 CENTER CLOSED FOR THANKSGIVING
30 Foot Clinic by appt. Kelly Warren & His Guitar 11:30	<i>You can't help getting older, but you don't have to get old.</i> —George Burns		<div style="border: 2px solid black; padding: 10px; text-align: center;"><p>You may honor a loved one or caregiver in this space by making a donation to Meals On Wheels.</p></div>	

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Intermediate Spanish T 10:00
Oil Painting Th 9:30

Square Dance T 7-10 p
Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 1:00 p
Ceramics 10-4 T & Th
Ceramic NIGHT Class W 5-9
Sit & Dance Th 10:00
Sit & Be Fit W/F 10:00 a
Tap Dancing W/F 9 a

Computer classes as scheduled:
Contact Nancy to enroll.

GENERAL INFO: Telephone
Reassurance, Friendly Visitor, Info.
and Referral; Senior Transit M-W-F
723-3303 X18; MOW Hot meals M-F
Frozen Sat-Sun.; **Please make
lunch & To Go reservations one
day in advance.**